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Ex-NYPD officer Trent Young gets 21 years for raping 3 teens in his karate school

Updated: 01 Mar 2011

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Trent Young was sentenced to 262 months in jail for transporting three different minors across state lines for illegal sexual activity.

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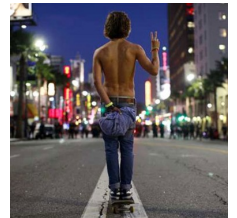
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The Westchester Medical Center where Trent Young was sentenced today for almost 22 years

A FORMER New York City police officer was sentenced to 21 years and 10 months in prison for raping several young girls who studied at his martial arts school in New Jersey, the US Attorney in Manhattan said today.

Trent Young, 42, pleaded guilty to transporting three underage girls - two as young as 14 - across state lines for sex.

He heard the sentence as he lay in bed in the prison ward of the Westchester Medical Center where he has been receiving treatment for his terminal illness.

Imposing the 262-month term, White Plains Judge Kenneth Karas said the 'extraordinarily high' sentence was appropriate because of what Young did to the girls.

The 'magnitude of the conduct here outweighs the medical issues', he added.

Young operated a martial arts studio at his home in Middletown, New York, and opened the Iron Tiger Martial Arts studio (a karate school) in West Milford, New Jersey.

Once around October or November 2006, the married father-of-three brought a 14-year-old minor from Middletown to Iron Tiger and had sex with her.

He brought a second minor, who was then 16-years-old, to Iron Tiger and sexually assaulted her.

Young admitted he had sex with a 14-year-old minor in 2003 after he drove from her home in Brooklyn to Middletown, travelling through New Jersey.

Young has been in jail since he was hit with federal charges in January 2008, when a teenage student at Iron Tiger revealed he had coerced her into having sex dozens of times at the dojo and inside his home.

The girl said Young initiated the illegal acts after she signed an 'oath of obedience' to get her green belt at the age of 14.

The nine-year NYPD veteran was sacked after pleading guilty in July, 2009. On his website Young described himself as a 'Master'.

He claimed he had trained thousands of students using 'discipline, respect, and motivation' to become 'great role models in our society.'

A letter sent last month from his public defender told how Young had been 'experiencing intermittent bleeding' and 'severe headaches,' along with 'issues with his stomach and kidneys' and 'pain in his bones and joints.'

Lawyer Amy Attias claimed Young was also 'afraid because of several blood clots in parts of his arms and legs.'

SOURCE: Daily Mail

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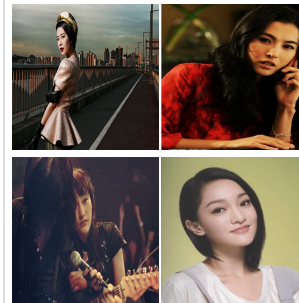
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